

Foreword by Rick Warren  
Author of #1 New York Times Bestseller *The Purpose Driven Life*

# LIFE'S HEALING CHOICES

FREEDOM FROM YOUR HURTS,  
HANG-UPS, *and* HABITS



JOHN BAKER

## Life's Healing Choices

**Life's Healing Choices** offers freedom from our hurts, hang-ups, and habits through eight healing choices that promise true happiness and life transformation.

- Choice 1 - Admitting Need, The Reality Choice
- Choice 2 - Getting Help, The Hope Choice
- Choice 3 - Letting Go, The Commitment Choice
- Choice 4 - Coming Clean, The Housecleaning Choice
- Choice 5 - Making Changes, The Transformation Choice
- Choice 6 - Repairing Relationships, The Relationship Choice
- Choice 7 - Maintaining Momentum, The Maintenance Choice
- Choice 8 - Recycling Pain, The Sharing Choice



ChaseOaksChurch

## An 8-Week Course

**Thursdays 6:30p - 8:30p**

**Starts September 19th**

*(please note date change)*


Attendance at all 8 weeks is recommended, online registration is required (\$25 fee for materials), and childcare is available. Scholarships available.

**Sign up at [www.chaseoaks.org](http://www.chaseoaks.org)**

under *Event Sign-ups*.

*Or Email*

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